

Finnian Kelly

Intentionality, Personal and Organizational Transformation Expert

Please contact a GDA agent for information.

Topics

- Artificial Intelligence
- Change Management / Organizational Change
- Faith / Spirituality
- Inspiration / Achievement
- Mindfulness
- Personal Growth

About Finnian Kelly

A seasoned leadership coach behind business, finance, non-profit, military, and spiritual leaders across the globe, Finnian helps companies, organizations, and individuals unlock the power of Intentionality in solving some of the world's greatest challenges. By combining his passions for data, science, and psychology, Finnian uses a hands-on, immersive approach for moving people from a place of disempowerment to one of clarity, confidence, and meaningful contribution. Finnian is an expert in human and organizational transformation and a master of a number of modalities including: energy interventions, breathwork, meditation, entrepreneurial coaching, movement and emotional clearing. Finnian has a Masters of Science in Positive Psychology and Applied Coaching and degrees in maths, physics, teaching, finance and leadership. Finnian's work with individuals, teams, organizations, and underprivileged communities has been featured on National Geographic's *Undercover Angel*, Business Insider, Forbes, Sky Business, ABC, Smart Company, and more.

Select Keynotes

• The Power of Intentionality: Unlocking the Principles of Life's Greatest Loophole

From companies and organizations, to relationships and individuals, negative belief loops undermine human potential and ultimately leave us feeling disempowered and unfulfilled. An internationally renowned speaker, seasoned leadership expert and author Finnian Kelly makes the case for *Intentionality*, a transformational methodology and set of principles designed to help people break the cycles of self sabotage and harness the power of the present. With his singular, innovative, and principled approach Kelly uses science and psychology to explore how we can abandon mediocre precedents, crack the elusive codes of social conditioning, and effectively create and sustain extraordinary lives.

- ◊ Master the five principles of Intentionality and explore their real world applications.
- ◊ Uncover your negative belief loops and learn how to recode your subconscious mind.
- ◊ Discover the power of breath practice for creating positive belief loops.
- ◊ Receive a tool kit for implementing *Intentionality* in your everyday life.

• Intentionality: A Feelings First Approach to Living and Leadership

In business, emotion is often positioned as a risk to an organization's bottom line. But tackling crises under the antiquated premise that feelings are financial liabilities can inadvertently reinforce corporate amnesia and negative belief loops, and subsequently a negative bottom line. Internationally renowned speaker, seasoned leadership expert, and author Finnian Kelly paints a whole new picture of what's possible when we reclaim feelings as our greatest organizational and individual assets. With *Intentionality*, a feelings first approach for enjoying fulfilling careers and thriving relationships, Kelly teaches us how to live and lead by looking inward.

- ◊ Explore how embracing the concept of 'feeling before healing' can help pave the path to success.
- ◊ Unpack the differences in emotion and feeling and learn how to live and lead by effectively tapping the connection between the two.
- ◊ Learn simple breath practices for letting go, accessing your truest nature, and leading with authenticity.



Receive a tool kit for implementing *Intentionality* in your everyday life.

- **Conscious Creation: Three Ways to Recoding Your Extraordinary Life**

Human beings are hardwired to run the hamster wheel of bad habits. We are coded to believe the wisdom of the crowd and to fall in line instead of freeing ourselves of inherited trauma, less than optimal decision-making, and half-hearted living. But why should we accept a limiting, codified existence, when we are all fully capable of a manual systems override?

Internationally renowned speaker, seasoned leadership expert, and author Finnian Kelly teaches us how *Intentionality*, a powerful methodology rooted in repetition, energy interventions, and scientific manifestation, can move us from inspiration to transformation. With an in-depth exploration of the connections between the conscious and subconscious minds, Kelly empowers us to discover the benefits of breath for recoding, rebooting, and rebuilding an extraordinary life.

- ♦ Gain control of your consciousness and learn to align your subconscious and conscious mind.
- ♦ Learn simple breath practices for breaking bad habits and embracing the present.
- ♦ Explore the misconceptions around time and energy to optimize your quality of life.
- ♦ Receive a tool kit for implementing *Intentionality* in your everyday life.

- **Reimagining the Future of Work: Artificial Intelligence, Affective Labor, and the Power of Intentionality**

Deep fakes. Chat GPT. Autonomous labor. Whether humanity will be surpassed by our own innovations is an emerging 21st century challenge that has reignited the economy and culture of fear. What can affective realism, affective labor, and most importantly, *Intentionality*, teach us about evading the singularity and embracing a future of feeling? Created by internationally renowned speaker, seasoned leadership expert, and author Finnian Kelly, *Intentionality* is a transformational methodology and set of principles designed to help people break the cycles of self sabotage, harness the power of the present, and consciously create a work-life balance that serves the individual and the collective. Kelly presents his science and psychology based approach for reclaiming feelings as our greatest assets and the key to lasting leadership.

- ♦ Learn team building tips for conscious creation in the workplace.
- ♦ Discover the power of breath practice in developing a cohesive, confident team.
- ♦ Learn to align your subconscious and conscious minds to better navigate the challenges at the intersection of humanity and technology.

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Select Articles

- [Seven Ways to Cultivate an Intentional Relationship with Technology](#)

Are you a slave to your phone? Do you struggle to separate yourself from your computer? Are you forever 'just glancing' at social media? It's tempting to blame the tech revolution for the far-reaching ways our lives have changed in the past two decades. We're more connected than ever, but lonelier too. Our attention spans are now officially less than a goldfish's because it's the only way we can cope with the constant onslaught of information! But here's the truth... Technology is not the problem.

- [How To Create A Spiritual Relationship With Money So You Can Love Being Wealthy](#)

If you're like most people, your relationship with money is not exactly empowering - and it's not your fault! Money is a taboo, which means it's not a subject we're comfortable talking about. Money is emotionally charged too - evoking all sorts of challenging emotions such as guilt, shame, embarrassment, and greed. These are big issues because our modern world runs with money. Whether you like it or not money IS the thread that flows through everything and this is a fact you can't escape.

- [Are you intentionally walking your path?](#)

Have you ever had that moment where you suddenly look around and wonder where the F**K am I, how did I get here and how do I find my way? So often we see major life changes as challenging, unfair, a great loss, terrible tragedy (I could go on!) What if instead, we chose to use this time as an opportunity to awaken and to find your path and intentionally walk down it.

Select Testimonials

Working with Finnian has been incredible. Coming into it I didn't know what to expect and I thought he was just going to help me in one particular area, but I gained so much more. I learned a lot about myself and I became more fulfilled in both my personal and professional life. The intentional daily practices have helped me bring alive my vision and goals. I credit Finnian for helping me be intentional and understand the importance of that.

— Bennie Fowler, SuperBowl Champion

My biggest takeaway since working with Finnian is definitely the idea that literally anything is possible. The intentional living practices I've

adopted since working with Finnian have transformed my life. Now I only pursue and continue with relationships that serve me and through working with Finnian, I've been able to reprogram my thinking to view opportunities holistically. The positive energy exchange I feel from a conversation with Finnian is addictive and something I look forward to. Finnian's entire approach along with his honesty and authentic joy at the success of others is contagious!

— *Dani Wales, Creative Director of the Red Door Project*

Finnian's perspicacity has allowed me to create congruence between my head, my heart, my wallet, and my calendar. I am now more intentional about how I prioritize what's important in my life in line with my values and the results have been ten-fold!

— *Ian MacGregor, CEO Skratch Labs*

Working with Finnian has been life-changing. Introducing the principles of Intentionality into my life has increased my business results, improved my personal relationships and has even had transformed my health. Additionally I have achieved more abundance and freedom through the Financially Happy program and working with Finnian has greatly enhanced my spiritual and personal growth.

— *Keith Roberts, Creator of the OAK Journal*

Financially Happy is the helping hand we need to bridge the gap between our limiting beliefs and who we truly are. It is ultimately a spiritual journey of remembrance. Finnian Kelly not only lives by example, but he is one of the true teachers out there who understands the role money can play on our path to self-realization. His methodology is helping women around the world develop internal resources that make every part of their lives better. His wisdom will help you develop yours. Knowing Finn has made my life and work richer in every way.

— *Stacey Tisdale, CEO of Mind Money Media Inc.*