

Kristina Wandzilak and Constance Curry

Mother-Daughter Duo; Addiction Recovery Specialists; Authors of "The Lost Years"

Please contact a GDA agent for information.

Topics

- Addiction / Substance Abuse / Recovery
- Family / Relationships
- Inspiration / Achievement
- Overcoming Adversity

About Kristina Wandzilak and Constance Curry

Kristina and Constance are the authors of *The Lost Years; Surviving and Mothers and Daughters Worst Nightmare*. *The Lost Years* is a brutally honest and gritty story of Kristina's dramatic descent into addiction and her mother's desperate attempt to save her. Told from the parallel perspectives of mother and daughter, it is a moving account of one families journey into addiction and ultimately recovery. *The Lost Years* is an incredibly inspiring story of healing and hope.

Kristina Wandzilak CAS, CIP, founder and president of Full Circle Intervention and Full Circle sober living communities and outpatient services. has been a leader in the addictions industry since 1995. Kristina is highly respected and renowned for her compassionate and effective intervention and treatment work. She is credited with helping thousands of addicts and their families through her work as an international interventionist, author and television expert. In recovery herself since 1993, Kristina brings a very personal understanding of addiction to her profession. Kristina is featured on the groundbreaking series Codependent on LMN following her intervention work with addicted couples. She is also the expert on the documentary reality show, Addicted, which premiered on TLC. Addicted went on to win the prestigious Prism award for the most accurate depiction of substance dependence.

Kristina can often be seen on Good Morning America, as their regular addiction specialist, commenting on addiction issues for the national media.

Kristina coauthored, with her mother, Constance Curry, the critically acclaimed addiction memoir *The Lost Years: Surviving a Mother and Daughter's worst Nightmare*. *The Lost Years* is a brutally honest and gritty story of Kristina's dramatic decent into addiction and her mother's desperate attempt to save her. Told from the parallel perspectives of mother and daughter, it is a moving account of one families journey into addiction and their triumphant recovery. Kristina and Constance, travel globally for speaking events, in an inspirational and riveting story telling experience.

Media History: to name a few...

- TLC prism award winning documentary. Airing to currently on Amazon Prime.
- Lifetime Codependent
- The Today Show Multiple Times
- Good Morning American Many times
- Anderson Cooper
- Gail King Show
- Joy Behar Show
- Love and Hip Hop

Constance Curry, is the co-author of the *Lost Years*, an avid golfer and a loving grandmother of seven. She travels with Kristina across the country for events and speaking engagements sharing her experience and recovery. Constance has been called the hero of *The Lost Years* Inspiring parents all over the world to love their children enough to let go.

Select Keynotes

- **The Lost Years: A Story of Redemption**

A child caught in the horror of alcohol and drug addiction...a mother helplessly standing by unable to save her. *The Lost Years* is the real life story of just such a mother and child, each giving their first hand accounts of the years lost to addiction and despair. Finally, sharing Kristina's



transition to a business owner and national television addiction expert with the healing between mother and daughter bringing it full circle.

Select Book Titles

- **2006:** The Lost Years: Surviving a Mother and Daughter's Worst Nightmare

Select Articles

- [10th Annual Soup's On! Honored Founders And Chef Brian Luscher With The Story Of A Mother And Daughter Surviving Their Worst Nightmare](#)

Eventually they found her and she behaved for a while. But when she started repeating her old ways, they returned her to rehab. Since she was a flight risk, the staff took her shoes away. Didn't matter. She escaped again. "Now, she was shoeless and homeless."