

Linda Edgecombe, CSP, Hall of Fame

Leadership and Change Expert, Award-Winning Celebrity Humourist, Hall of Fame Speaker

Please contact a GDA agent for information.

Topics

- Change Management / Organizational Change
- Comedian/Funny
- Leadership
- Motivation
- Safety
- Work-life Balance

About Linda Edgecombe, CSP, Hall of Fame

Get Fired Up and Ready to Shift! T M

Igniting you to Re-Invent, Re-Energize, and Re-Engage.

Why Book Linda

1. High Energy, Humorous Delivery
2. Noticeable Results
3. Customized Presentations
4. Fun to Work With
5. Wow Your Audience
6. Relatable

"The Linda Effect"

I have been researching, speaking, and writing about change resilience at work and at home for over 30 years. I have created some simple and powerful tools to bring people out of the state of overwhelm and exhaustion we find ourselves in today. And re-connect to what's really important to us professionally and personally.

If the last few years have taught us anything, it's that connection to ourselves and others is the most important strategy needed for all of us to show up every day at our best and thrive.

I passionately promise to deliver: powerful shifts, purposeful accountability, on-going momentum – oh, and a heck of a good time – maybe the best laugh you will have in a long time.

In addition to being an award winning motivational speaker, I'm a proud disruptor of the status quo. My programs are straight from the hip: real, raw, and refreshing.

If you are ready to experience ***"The Linda Effect,"*** let's talk.

Linda has been featured in the Wall Street Journal as an expert in "Shifting Perspectives". Her messages are as welcome as a deep belly laugh and as profound as an honest look in the mirror.

Select Keynotes

- **Resilient Leadership on Purpose**

How to intentionally lead from the heart and boost your team's engagement and energy



Over the past 30+ years, the one constant that I have noticed is great leaders wear their hearts on their sleeves. Their approach is: **people first**. They connect deeply with their team and their clients. And as a result, get in return loyalty, accountability, and increased production and less stress for their teams.

Here's a menu you can choose from to bring more focus to your presentation:

1. **Leading with curiosity, accountability, and positivity:** *How to create a success-full mindset, even in difficult times.*
2. **Change, what's really getting in the way of you moving forward?** *Dealing with ambiguity and the "in between." The rollercoaster ride that is/was 'Covid'.*
3. **The clarity planning tool:** *Simple steps to clarity and vision.*
4. **Strategic practices and processes:** *How highly successful intentional people start and end each day.*
5. **The Resilient Leaders Toolkit:** *7 essentials to re-set, re-energize and re-invent (the science and research behind successful cultures).*
6. **Where to start when you are in a state of overwhelm:** *The simple steps to move forward in crazy times.*

If you are a leader, manager, or working towards becoming one you will be on solid ground with the tools and strategies presented in this presentation.

Get ready for this **interactive and lively presentation** that will give you that needed boost! I will lead you through an **educational, hands-on, and highly humorous ride** that will **re-focus, re-energize and re-invent** how you see your leadership at work and at home.

This program can be delivered in the form of a keynote, workshop, or breakout session, in-person or online.

- **Breaking Busy. Finding Peace in the Chaos.**

It's time to step off the treadmill and get back to purpose-focused workplaces

The challenges most organizations face are: **staff burnout, distraction, and an ongoing feeling of overwhelm**. Most of them are not engaged and organizations have to face the ongoing mental health issues of their staff.

I'm on a mission to **reduce busyness, absenteeism, and turnover**. I deliver tools and strategies to inspire my audiences to literally take their lives back which in turn, helps the organizations they work for **increase engagement, energy, productivity, and profitability**.

Presentation takeaways:

- ◆ Find the answer to the question of the century: how has "I'm so busy" become our badge of honor in our work and our lives?
- ◆ Discover what the "being busy pace" is doing to our work and personal lives
- ◆ Examine the costs of corporations whose teams are overwhelmed, stressed, and exhausted
- ◆ Learn the strategies and tools to change your busy mindset to one that will inspire you and your team to thrive
- ◆ Get instant energy from laughing throughout the presentation

This shoot-from-the-hip session is for any corporation and organization that wants to increase bottom lines, and decrease stress, exhaustion, and overwhelm.

If you're looking to **boost your team's morale** and **create outstanding outcomes**, this presentation is for you!

This program can be delivered in the form of a keynote, workshop, or breakout session, in-person or online.

- **Get Ready to Shift or Get off the Pot!**

Become a change enthusiast in ever changing times

From one of my bestselling books, I share ideas and solutions for "**getting a life**." This eye-opening keynote presentation will get you thinking about three simple but life changing questions: 1) Are you doing the best you can? 2) Are you on the deferred life plan? 3) When was the last time you did something for the first time?

Presentation takeaways:

- ◆ Learn how to lead with more curiosity and less fear
- ◆ Move from being "fine" and "busy" to striving and focused
- ◆ Discover how to create as few regrets as possible
- ◆ Take it from me... and simply choose a slice of the planet to give back
- ◆ Determine where to start when you are in a state of overwhelm

This session is for leaders, managers, and teams who are ready to make some important changes and start thriving again.

If you and your team are ready for some **powerful shifts**, book this program for your next meeting. Oh, and I promise it will be the **best laugh you will have in a long time**.

This program can be delivered in the form of a keynote, workshop, or breakout session, in-person or online.

- **Pushed to The Limit**

How to Build Your Team to be more connected, engaged and energized

Busyness, distraction, and overwhelm have become the new way of being. Distractions are costing North American companies over \$188 Billion per year in stress-related illness and accidents.

In this entertaining presentation, I deliver straight-up solutions for safer workplaces and the humans who work there. We will go over easy-to-use methods that you can lower stress and overwhelm, and increase energy, happiness, and productivity.

Presentation takeaways:

- ◆ Use my 3-step safety formula for less stress, less injuries, and increased productivity
- ◆ Learn what got us here and how being always “busy” has become the new norm
- ◆ Discover what the “busy culture” is doing to you physically, mentally, emotionally
- ◆ Identify how can we strategically shift our mindset towards creating safer workplaces

This session is for safety professionals and workplaces that want less stress-related accidents and illnesses and more peace of mind.

If you're looking to **increase your energy at work**, be able to **focus on what's important**, and at the same time learn to **laugh and lighten the load**, this presentation is for you!

This program can be delivered in the form of a keynote, workshop, or breakout session, in-person or online.

- **Aging Wildly in a World that wants you to Calm Down**

Let's dive into what midlife does and can look like. Shall we?

As the largest group of women in history have reached midlife and many of us find ourselves at a turning point, we need to respond with new thinking and new practices that will help us to evolve and forge meaningful paths to what's next.

Midlife needs to be approached with an expansive mindset and an unprecedented opportunity to recalibrate and design the life we want NOW. We will work towards filtering out the chatter of expectations and get down to designing and living the kind of life YOU actually want to live. And yes, find your voice, too.

You will leave this fun and eye-opening presentation with some action steps to move towards creating the best YOU as you move through this new chapter. Being FINE will no longer be a part of your vocabulary. I also guarantee, you will have the best laugh you have had in a long time.

Presentation takeaways:

- ◆ Clarify where are you at and what you really want in your midlife and beyond
- ◆ Learn to celebrate all that you've accomplished
- ◆ Create an aging wildly mindset and launch a midlife revolution
- ◆ Embrace yourself in your sassy midlife chapter
- ◆ Get excited and energized about your next best steps

This session is for women who are ready to celebrate themselves and are curious about creating their next chapter with intention.

If you not only want to age gracefully but also want to **age wildly**, this presentation is for you!

This program can be delivered in the form of a keynote, workshop, or breakout session, in-person or online.

- **Linda as Your Emcee**

What can you do to ensure your event is successful from start to finish while having a heck of a good time? Invite me to be your master of ceremonies.

As your emcee, I will send your audience home with powerful and impactful takeaways so they will rave about your event for months to come! Therefore, ensuring that at next year's meeting the number of your attendees will increase more than ever before!

Pick and choose which elements fit your event:

- ◆ Start your event by setting an energizing tone
- ◆ Introduce the speakers/presenters/panel

- ◊ Keep everything running smoothly and ON TIME
- ◊ Provide cohesiveness and consistency
- ◊ Generate energy and humor between segments
- ◊ Moderate panel discussions
- ◊ Wrap-up your event with a memorable send-off

If you're looking to take your event up a notch, book Linda as your emcee!

Select Book Titles

- **2023:** Breaking Busy: Finding Peace in the Chaos
- **2023:** Shift or Get off the Pot - Simple Truths about Getting a Life
- **2020:** Quick Shift - the Busy Persons Guide to getting their Life Back
- **1998:** You Might be a Martyr if...

Select Articles

- [What sets apart Top Leadership Speakers from the pack.](#)

The Benefits of booking top Leadership speakers for your next event.

- [Linda Edgcombe - A Personal and Up-Close Interview](#)

In Focus is our gift to the community. A way for us to help show our recognition for the people, businesses and organizations that help make our city great. The team at KelownaNow.com is passionate about this community and the people that make it amazing. We want to show our friends, neighbours, family and colleagues that we notice them and the fabulous things that they do.

Select Testimonials

Fantastic, will be buying her book. Great from start to finish. Anytime you can get that many people laughing out loud on day 4 of a convention you know she is awesome!!

– Anon

Linda always presents excellent advice on wellness both psychological and physical in humour which itself raises our immunity. She is an expert at showing us our roadblocks without us being aware. This is the second time I have seen her and one day I am going to treat myself to one of her retreats

– Anon

Loved that spitfire energy and to point to each and everyone one of us and say look at your selves and fix it if you don't like what you see!!! Self-awareness is something we all NEED to do once in a while!

– Anon

"I just attended your conference on Monday in Foggy NL and as a professional, have never attended such an energizing, humorous and just gratifying session. You see, we are usually, too long dragged out days receiving information about some new treatment, research pertaining to practice, dreaded new policies ,etc....all good stuff for sure. But never have I LEARNED more that will , I believe , help me that better nurse. As we say here on the rock, you were wicked!

– Atlantic Healthcare Association"

She truly 'gets it' "Wow, what a presentation! Our team was over the moon with Linda's direct, honest and a strong sense that she truly 'gets it.' We are big fans!" – Rebecca Sudano, Exec. BDO

– BDO

Warms even the toughest of crowds "Linda's style and humor quickly warms even the toughest of crowds. Her ability to meet people where they are is a gift. We highly recommend her for your next event! I feel re-energized and focused. Thanks for an enjoyable day with many aha's!"

– Corrections Canada

– *Corrections*

Overwhelmingly positive "I wanted to express my thanks for speaking to our executive leadership team. The feedback has been overwhelmingly positive. It was exactly what our group needed and we appreciate you making the time for us." – Brian Harker, Director, Strategy & Engagement, Edmonton Police Service

– *Edmonton Police Services Leadership Team*

Knocking it out of the park! "A heartfelt thank you to Linda for coming to our conference and knocking it out of the park! Her presentation was energetic, funny, down-to-earth, and amazingly in line with our attendees. It's humbling to be able to have someone with her knowledge and experience be able to give back to a group of high performers in such a way that makes them even more motivated to do what they do." – EO Conference Co-Chair

– *EO Organization*

A home-run "Linda's talk created instant energy and laughter in the room. Her delivery and style are both refreshing and relevant. When a speaker creates laughter and energy quickly and also evokes deep emotional moments – you know that you have a "home-run." – Kelly Daly, Director of Events, HRPA Grand Valley Chapter

– *HR Association*

Absolutely awesome "Absolutely awesome speaker. What a positive attitude and view of the world. Thank-you. I laughed until I cried, then laughed again!" – Pharmacists Association

– *National Pharmacist Association*

The highlight of our day "Thank you again Linda, your presentation was the highlight of our day. In fact we are still getting positive, powerful feedback on how amazing both your presentations were. Your message, being very relevant and wrapped with such energy and humor is the combination that keeps everyone in the room engaged. You were a hit!" – Calgary Real Estate Board

– *Real Estate Board*

High energy, entertaining and very timely talk "On behalf of our entire Shell Mobility team, I wanted to thank-you for joining our engagement and providing a high energy, entertaining and very timely talk! I especially appreciated how you were able to connect our themes and challenges with your message and guidance." – Kent Martin, General Manager, Shell Canada Limited

– *Shell Oil*

Linda was great to work with in planning and coordinating the event. Our audience enjoyed her presentation style and felt very engaged. She did very well and we were pleased to have her present to our Administrative Professional Staff members.

– *Trillium Health Partners/Mississauga Hospital*