

Shari Karney

"Roar as One" Founder Social Innovator on Resilience, Change, Adversity and Triumph—Speaker for Women's Empowerment

Please contact a GDA agent for information.

Topics

- Connection & Belonging
- Courage & Heroism
- Domestic Violence & Abuse
- Family & Children
- Healthcare
- Human Resources
- Mental Health & Stress Management
- Motivation
- Overcoming Adversity
- Resilience
- Stress Management
- Women's Empowerment



About Shari Karney

"My desire is to always support people in attaining their highest potential, while uplifting their hearts, and fortifying the human spirit." #MeToo

Shari Karney is an inspiring motivational speaker and author. Her keynotes have riveted audiences across America with her never give up attitude. Shari found peace, purpose and happiness after overcoming extraordinary personal challenges.

There is an art to finding grace in adversity. Shari teaches women how to find their inner hero, to find their voice, to speak up, speak out, to persevere and handle the unexpected, to innovate and successfully navigate challenges. Ultimately, the goal is to learn to harness the tools needed to live with passion, focus, while, at the same time, bringing our heart and humanity to each other.

Shari knows. She has survived what most women have experienced in their lifetime. Hard times, loss of hope, disrespect, sexual harassment, sexual assault, domestic violence, child sexual assault, pain, loss, obstacles, fear, anxiety.

"When your mind tries to tell you there is no hope—there is always hope", Shari believes.

Shari specializes in helping women transform their lives to feel happier, inspired, listened to, respected and understood. You will experience profound results.

Shari teaches women the enlightening power of S.H.E. Speak. Heal. Empower—Helping Women Find their Voice. Helping women speak up. Joining all voices together in a shared experience so that every woman feels safe, heard, supported and listened to. Learning how to feel okay with saying "no." The heavy consequences when the "no" isn't heard. Finding unconditional love for yourself. Discovering that your greatest gift is hidden in the most difficult part of your past.

"I'm here, I'm with you. I'm all yours. I feel your pain, I share your heart."

Shari Karney is a top lawyer and an indefatigable force who uses her legal expertise to champion the rights of women, changing laws that give women equal rights and justice. She does so with passion and heart. Shari is a driving influence who had the courage to get laws passed and used her experience in and out of the courthouse to help pioneer landmark legislation that changed the law for survivors of sexual abuse and set the foundations for breakthrough legislation that started the movement for sexual assault justice.

Shari Karney is a Social Entrepreneur and Founder of ROAR as ONE. A Non-Profit Focusing On The Rights Of Action For Survivors Of All Forms Of Sexual Abuse

Together we will rise, organize and act against to empower survivors of rape, all sexual abuse, violence and manipulation

Rise

Organize

Act

About ROAR As One:

Founded by Attorney Shari Karney, ROAR as ONE, Inc., is a non-profit organization focusing on the rights of action for survivors of all forms of sexual abuse.

ROAR was created to restore dignity and defend the right to pursue happiness for every person who has suffered through sexual assault, rape, incest, child sexual abuse and been silenced and manipulated for the pleasure of others.

Our goal is to ensure equality under the law for survivors of sexual assault and abuse. To create a society and government to defend these rights and allow all voices to speak and be heard.

Shari is a beacon of hope by choosing to turn adversity into triumph, to find inspiration where others might only find pain, and forge a truly significant life; she is an inspiring reminder that the best is yet to come.

Her Motto...

Triumph through Change

Thrive with Grace

Feel Empowered...Change your Life.

Select Keynotes

- **COLLEGE CAMPUS LIFE –Maintaining Healthy Relationships**

Relationships aren't always easy ...especially in college where you may face all kinds of relationship challenges that can be stressful to navigate such as roommate issues, sorority sisters, dorm and other friendships, casual dating, serious dating, and sex. Women in particular face unique relationship issues on campus. We often feel like we are traversing through a land mine. Whether you are involved in intramural sports, student organizations or Greek life, learn how to maintain healthy relationships so you can successfully deal with whatever comes up and have an amazing college experience.

In this riveting program...

Shari will inspire participants to:

- *Master Healthy College Relationships
- *Fully Experience Campus Life Safely
- *Enrich Personal Relationships-Set Clear Boundaries
- *Explore the Pressures Facing Young Women Today
- *Engage Young Women to Support Each Other
- *Friends Don't Leave Friends Behind-Protecting Women
- *Triumph Through Awareness & Action
- *Amplify Speaking Up & Speaking Out Safely
- *Galvanize Risk Reduction-Alcohol/Drugs
- *Activate Perseverance & Bravery
- *Understand Enabling
- * Deepen Self Awareness and Awareness of Others
- *Recognizing if You Are in an Abusive Relationship
- *Are you a #Me Too-Campus Sexual Assault, Sexual Violence, Date Rape
- *Master Adversity
- *Discover Your Inner Wonder Woman
- *Enliven Emotional Wellness and Physical Well Being
- *Construct a Community of Strong Women

An extraordinary story of triumph after sexual assault

As the Founder of the socially conscious empowerment nonprofit, ROAR as ONE, Shari Karney reveals her mission to promote positive, empowering messages for girls and women. Through her experience as a TV personality, attorney and legal pundit she understands first hand, the unique pressures facing girls and women today. Shari intimately shares her personal life story of triumph after sexual assault. She delves into current challenges facing college women on campuses across America today.

Shari is passionate about her dream and vision for a new world where women are respected, honored, and empowered. Where women join together to ROAR as ONE, (Rise, Organize, Act against Rape, Sexual Assault, Sexual Harassment, Sexual Disrespect) to create a civil rights movement that protects women and children from sexual assault, sexual violence, sexual misconduct and disrespect. Where there are

consistent consequences for sexually violating a woman whether that woman be a young college student, young entrepreneur, intimate other, employee, intern, family member or friend. Her battle cry (S.H.E.) to unite women, ignite a revolution and to reconstruct a community of strong women supporting one another to create civil rights for survivors is riveting, authentic, heartwarming, passion-inducing and nothing short of infectious. Her motto will quickly become your own, "Speak. Heal. Empower—Together We Can"

#Me Too.

While there is endless media attention about the problem of campus sexual assault, sexual harassment, sexual disrespect, child sexual abuse, violence, few people are discussing tangible solutions. In this amazing and life changing presentation, Shari Karney starts what becomes an ongoing dialogue, asking young women the simple question, "What kind of woman do you want to be?" Shari goes much deeper than simply making audiences aware of the issues. Through tangible action, grassroots civil rights movement and community collaboration, Shari shares how to be verbal, visible and victorious.

Keynote Length: Up to 60 minutes

"What is it we all want? We want respect. Fairness. Justice. We want to live with courage and purpose. We want success, genuine well being. We want opportunity. A chance to reach our dreams, fulfill our life's purpose, live our mission, reach our full potential, find love...I specialize in helping people transform their college lives and relationships to feel happier, inspired, listened to, respected and understood. You will experience profound results. I'm here, I'm with you. I'm all yours. I feel your pain, I share your heart"

— SHARI KARNEY

"It's personal for me. I am a survivor of law school sexual assault, sexual harassment, rape and child sexual abuse. I am also a business owner, entrepreneur. I understand the needs of the organization and the needs of the workforce" — SHARI KARNEY

COLLEGES AND UNIVERSITIES ACROSS THE NATION AND AROUND THE WORLD

Industries & Event Types

I speak to a broad range of college groups and organizations.

Shari Karney is an inspiring motivational speaker and author. Her keynotes have inspired audiences across America with her never give up attitude. Shari found peace, purpose and happiness after overcoming extraordinary personal challenges.

"I've learned how to transform my pain and take control of my life. If I can do this with my own life and what I went through imagine what you can do with yours.

When you are facing a struggle in your life, that is where courage, determination, relentlessness enters. It is through our greatest adversity, that we unearth our greatest gift. Never forgot who you are—a person of valor who has survived the scars of battle, business, career challenges, life, now wiser and fiercer. And so I say, it's not my past that has changed but my relationship to it that has"— Shari Karney

Keywords: Healthy Relationships, Campus sexual assault, sexual violence, sexual harassment, Me Too, women's empowerment.

• Healthcare Keynote

ELEVATE THE HUMAN SIDE OF HEALTHCARE.

- ◊ Feel empowered
- ◊ Heal burnout
- ◊ Nourish and support your Team

The Ideal Keynote to Open Your Conference to Feature Patient-Centered Care and Improving the Patient Experience

Content covered in Shari Karney's Healthcare Keynote:

- ◊ Patient-Centered Care
- ◊ Transform Patient Lives
- ◊ Stimulate and Boost People Centered Healthcare
- ◊ The Impact of Healthcare Worker Kindness on Patient Experience
- ◊ Regain Your Passion for A Lifetime Dedicated to Healthcare
- ◊ Provide Calm in a Time of Chaos
- ◊ Heal Burnout in Healthcare Workers
- ◊ Nourish, Support and Honor Your Healthcare Professionals
- ◊ Thrive in Uncertain times
- ◊ Sustain Compassionate Care Patient Interaction

- ◊ Increase Patient Satisfaction –Compassionate Care Affects the Bottom Line
- ◊ Tools to Nurture Your Self
- ◊ Protect Resiliency for Healthcare Workers

Goal: Raise Patient Satisfaction Scores

Keynote Length: Up to 60 minutes

- **Helping Women Find Their Voice-Resilience, Change, Adversity and Triumph**

“My desire is to always support women in attaining their highest potential, while uplifting their hearts, and fortifying the human spirit.”

Feel the joy and freedom of speaking up and being heard. Listened to. Believed. Understood. Of having a voice and being able to use it.

- ◊ The freedom of S.H.E. Speak. Heal. Empower--with love and compassion
- ◊ Help women find their voice
- ◊ Empower women to have a voice
- ◊ Inspire and support women to use their voice
- ◊ Join all voices together in a shared experience so that every woman feels safe, heard, supported and listened to.
- ◊ Learn how to feel okay with saying “no.” The heavy consequences when the “no” isn’t heard.
- ◊ Find unconditional love for yourself.
- ◊ Discover that your greatest gift is hidden in the most difficult part of your past.
- ◊ Catapult women toward success, mastery and fulfillment.
- ◊ Discover your inner hero—unearth your courage

Never in my wildest dreams as a child could I have ever imagined going from a fearful, hurt, voiceless little girl to becoming a worldwide symbol of hope, national spokesperson, attorney and author --giving voice to the voiceless. Her speech will help any woman who feels silenced, invisible, talked over, interrupted, talked down to, passed over, passed up, lonely, anxious, depressed, invisible. Finding your voice and using it to overcome adversity and challenges.

"I'm here, I'm with you. I'm all yours. I feel your pain, I share your heart."

- **Sexual Harassment-Understanding and Prevention**

Inspirational Keynotes for Businesses, Company Leaders, HR Directors

UNDERSTANDING AND PREVENTING SEXUAL HARASSMENT

In this program, Shari will equip participants to:

- ◊ Understand the scope of sexual harassment and sexual discrimination. Almost every female in America has suffered some form of sexual harassment or sexual discrimination in her life.
- ◊ Learn how to reach full potential by helping organizations avoid legal mistakes.
- ◊ Achieve an understanding of sexual harassment laws.
- ◊ Discover subtle behavior. What may seem “innocent and harmless” may in fact cost your organization.
- ◊ Higher standard setting-save the “locker room talk” for the locker room.
- ◊ Discover what is human, not merely what is legal.
- ◊ Deepen self-awareness to create compassion and understanding.
- ◊ Discover the power of prevention in creating a positive work environment
- ◊ Demystify false concepts that impede well being.
- ◊ Prevent sexual harassment avoid costly legal fees and organization liability.
- ◊ Discover your inner hero protecting others in the workplace.
- ◊ Triumph through change. Learn how to be part of the solution. Ending sexual harassment at the workplace.

Keynote Length: Up to 60 minutes

Select Book Titles

- **2012:** Prey No Longer

Select Articles

- [#MeToo Campaign Not Slowing Down Anytime Soon, But Now What?](#)

It's Finally OK For Women To Speak About The Unspeakable! Time For Good Men To Stand With Your Wives, Sisters, Daughters, Co-Workers, and Friends.

- [WE'RE MAD AS HELL AND WE'RE NOT GOING TO TAKE IT ANYMORE, HARVEY WEINSTEIN!](#)

Those of us who have suffered the humiliation of sexual assault, sexual harassment, sexual violence, and child sexual abuse are not going to take it anymore. That pretty much includes every woman on the planet.

- [KEVIN SPACEY...HIDING UNDER THE RAINBOW—A House of Cards](#)

While I tepidly commend Kevin Spacey for his tepid apology to Anthony Rapp, then a 14-year old boy allegedly sexually assaulted by a then 26-year-old Spacey, his conflation of sexual predacity with homosexuality is dangerous and reinforces dated and dangerous stereotypes.

Select Testimonials

"She is without question, one of the most charming speakers and personalities we have ever hired. "BRILLIANT, intense, thought provoking. "Even when dealing with difficult subject matter, she handles it with grace and compassion, bringing the whole room to their feet, together as one."

— *General Feedback*

There were times during Shari's presentation when you could hear a pin drop--everyone was mesmerized by Shari's message... Shari keynoted our event and spoke to 5,000 attendees at our annual conference. Several of our State Senators in Chattanooga dropped by to hear Shari speak, as well as well as representatives from the Governor's Office. Shari's "The Gift...Turning Trauma into Triumph" and her message of determination, positive attitude, overcoming adversity resonated with each person in the room. Everyone was touched and inspired to find his or her own gift. Her storytelling was spellbinding.

— *Program Coordinator - Greenleaf Center*

You got the feeling that Shari was speaking from her heart, which really connected with people. She gracefully tied our mission, cause and children into her presentation--and she made very obvious her belief in our program and work, which touched everyone in the room! This was by far the BEST event we've had and Shari was in large part responsible for this outcome.

— *San Diego Center for Children*

Shari spent several hours with children who had suffered child abuse...we quickly found out Shari is much more than a 'motivational speaker'...she is a 'life changer.' It was our honor to present to Shari our "Appeal for Love-Friend of the Child" Award. Everyone in the room was forever changed because of Shari's incomparable inspiration!

— *Sara O'Meara, Founder, Chairman, and CEO - ChildHelp USA*