

Christine Cashen

100% Content 100% Entertainment and 0% Slides

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Topics

- Business
- Communication
- Conflict Resolution
- Emcee
- Innovation / Creativity

About Christine Cashen

Christine Cashen is more than just a speaker - she's a force of nature. With over two decades of experience entertaining crowds, Christine has earned a reputation as one of the best in the business.

Her talent for finding the humor in everyday situations is unmatched, and her ability to turn those moments into something magical is nothing short of amazing. Whether she's delivering messages of positivity and productivity or just making people laugh, Christine's unique perspective on life is both refreshing and insightful.

In addition to her humor, Christine is also a certified speaking professional (CSP) and certified virtual presenter. She is one of a select group of individuals to meet the rigorous induction criteria of the National Speakers Association, CPAE Speaker Hall of Fame.

But Christine is more than just a speaker, her award-winning books, *THE GOOD STUFF* and *It's YOUR Business*, are must-reads for anyone looking for a healthy dose of humor and great ideas.

She holds a bachelor's degree in communication and a master's degree in Adult Education, and in 2016, she was awarded an honorary doctorate from Central Michigan University. Before becoming a speaker, she worked as a university admissions officer, corporate trainer, and broadcaster.

But above all else, Christine is a survivor. As a cancer survivor, she knows what it takes to overcome adversity and come out stronger on the other side. She's a mother of two, wife of a "hottie engineer," and a true inspiration to anyone looking to live their best life.

Select Keynotes

- **Why Can't Everybody Just Get Along?!**

Are you tired of feeling tongue-tied in tricky situations? Are you dreaming of a team that works like a well-oiled machine? Sick of personal and professional drama dragging you down? Fear not, Christine is here to help you level up your success game!

During this session, you'll discover creative techniques to tackle problems like a boss, and you'll learn phrase tactics to keep your cool and handle conflicts with ease. Plus, you'll get a crash course in different personality styles, so you can communicate like a pro with anyone and everyone.

You will build up the confidence needed to face even the toughest confrontations head-on. Armed with the perfect words, you'll achieve the results you want and build stronger relationships along the way.

- **How To Stay Inspired When You are So Darn Tired! REBOOT, REFRAME, AND RECONNECT**

Get ready to feel inspired and energized with Christine's presentation! Learn to "Compose and Dispose" of worry like a boss and figure out what really gives you energy (spoiler alert: it's not just that double-shot latte). With tips to leverage levity, you'll be leading by example and inspiring others in no time.

Get your groove back with tips to "flip the script" and choose your emotional state. You'll leave feeling charged up and motivated to work your magic in both your personal and professional life. So don't miss out on these creative and fun ideas that will help you be less tired and ready to



rock every single day!

- **Why Brainstorm When You Can Brain Hurricane?**

Are you tired of a drizzly brainstorm when you could have a Brain Hurricane? Say goodbye to creative blocks and hello to great ideas in half the time! Christine has tools to boost group morale, relieve workplace tension, and get your productivity to storm status.

You'll learn how to wake up your innovative brain and mindmap the way to your subconscious in this interaction session. Plus, the "what if" game, will generate so many ideas, you'll need a bigger boat!

Discover how to create a creative climate, handle time stealers, and solve problems quickly. Get ready to have a Brain Hurricane and make it rain with amazing ideas!

Select Book Titles

- **2018:** It's YOUR Business
- **2010:** Good Stuff: Quips & Tips on Life, Love, Work and Happiness

Select Testimonials

Every meeting planner wants "the good stuff"; energy, motivation, humor, and a message that positively influences the lives of attendees. Christine Cashen is that dream come true. She has inspired our audiences with her charm, her rapid-fire presentation that keeps people hanging on every word, and her ability to open both the mind and the heart for life-changing, performance-enhancing resolve. We will keep bringing her back, and we're always the better for it.

— *Life Care Centers of America*

Thank you for your entertaining performance at the IT&E Workshop 2013 Networking Dinner at the Fort Worth Worthington Renaissance hotel. The audience was very involved, and you encouraged that involvement through your interaction with the group, even reaching out to the people at the back of the banquet hall. Your efforts in "working the room" to meet people at the earlier cocktail hour really paid dividends later in the enthusiastic audience response. One way that I measure an event's success is by observing what happens when it is over - does everyone stay around or dash for the exits? At our dinner, 80-90% of the attendees lined up to have you sign a book! Our sponsor enjoyed and applauded your performance, and I personally enjoyed working with you on this event.

— *Lockheed Martin Corporation*

From start to finish, we thoroughly enjoyed working with Christine. Looking through the evaluations, she was a hit with the attendees as well. She instantly connected with our 800 participants who gave her rave reviews. Most of them said that she was the highlight of their day. Her warmth, humor, charisma, and incredible energy not only kept the women completely engaged and entertained, but had them laughing hysterically and wanting more!

— *Sharp HealthCare*