

Chris Norton

Motivational Speaker & Former Defensive Back

Please contact a GDA agent for information.

Topics

- Activism / Philanthropy / Civic Engagement
- Inspiration / Achievement
- Overcoming Adversity
- Sports Related

About Chris Norton

Chris Norton's story is truly inspiring and showcases the power of determination, resilience, and the human spirit. Despite facing immense challenges, he and his wife Emily have managed to turn their adversities into opportunities for growth and positive change. Their journey has touched the hearts of many and serves as a reminder that our circumstances don't define us, but rather, it's our actions and attitudes that truly matter. Chris's message as a motivational speaker is a testament to his own experiences. By sharing his personal story and the lessons he's learned along the way, he's able to connect with audiences on a deep level and inspire them to overcome their own obstacles. His focus on the idea that we all have the power to stand in the face of challenges resonates with people from all walks of life. Despite experiencing a life-changing spinal cord injury while playing college football, Chris defied the odds, surpassing a mere 3% chance of regaining mobility below his neck. His incredible achievements include walking across his graduation stage and down the wedding aisle with his wife Emily, both moments of triumph that have inspired a global audience of 400 million.

In addition to his speaking engagements, Chris is also an accomplished author and a devoted foster and adoptive dad. His dedication to providing a loving home for children in need is a reflection of his character and values. Chris's impactful work extends even further through the Chris Norton Foundation, a nonprofit organization he founded to support individuals with spinal cord and neuromuscular disabilities. Through this foundation, he has raised nearly \$1 million dollars, providing vital opportunities and resources that have a profound impact on lives.

Chris Norton's journey is an embodiment of courage, determination, and the ability to transform challenges into triumphs. His story serves as a beacon of hope and resilience for people around the world, reminding us all that with the right mindset and unwavering determination, we can overcome even the most daunting obstacles.

Chris's inspirational story has captured the attention of major media outlets worldwide. He has been featured prominently on platforms such as Good Morning America, TodayShow.com, NBC Nightly News, CBS, USA Today, Sports Illustrated, and more. His life's journey has been chronicled in the acclaimed documentary "7 Yards: The Chris Norton Story," which further showcases his unwavering determination and resilience.

Select Keynotes

- **The Power to Stand**

Your life can change in an instant. Chris' changed forever on October 16, 2010. After an accident on the football field, he lost all feeling from his neck down and was told he would never be able to move again.

He had two choices. Was he going to spend the rest of his life feeling sorry for himself? Or was he going to make a stand? He knew one thing. When they tell you that you have a 3% chance of moving anything below your neck again, forget the 97. Focus on the 3. Yes, his life changed forever; but through his experience, he realized that how his life would change was up to him. He had ...

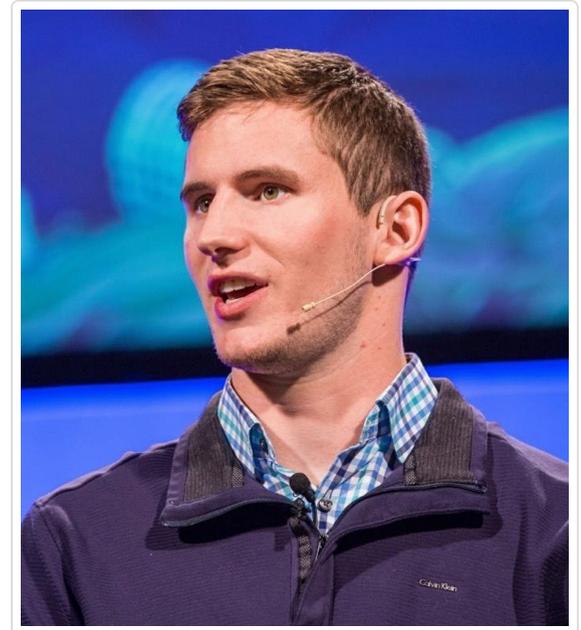
THE POWER TO STAND.

- **Living a No Excuse Life**

Chris's stories and lessons on removing excuses and limiting thoughts in order to live and work with purpose.

Select Book Titles

- **2019:** The Seven Longest Yards: Our Love Story of Pushing the Limits while Leaning on Each Other
- **2015:** The Power of Faith When Tragedy Strikes: A Father-Son Memoir



Select Articles

- [After 7 years in wheelchair, groom walks down aisle on his wedding day](#)

A determined groom took a huge stride last weekend when he walked down the aisle at his own wedding, despite a spinal chord injury that had left him in a wheelchair for the past seven years.

Select Client Feedback

I saw the movie and it was powerful and inspirational. However, to hear from Chris, to see him, to feel the emotion was simply incredible. Our consultants were touched, moved and permanently impacted by Chris's story and his delivery of that story. One of the best, if not the best motivational speaker's I've ever heard!!

— **Jay Shafer** *Zurvita*