

Dr. Brad Nieder, MD, CSP

The Healthy Humorist

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Topics

- Comedians
- Entertainment
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About Dr. Brad Nieder, MD, CSP

"The Healthy Humorist®"—Brad Nieder, MD, CSP*—is a doctor, funny speaker and clean comedian. Described as "Jerry Seinfeld with an 'M.D.," Dr. Brad was infected with the comedy bug while watching Johnny Carson's "Tonight Show" monologues from the foot of his parents' bed. When he got older and stayed up a bit later he discovered David Letterman's "Late Night" antics. He taped and memorized George Carlin's HBO specials. He wrote funny articles for his Denver high school newspaper. He was a founding member of an improvisational troupe (The Slmps) while an undergraduate student at Stanford University. And he performed standup comedy at comedy clubs throughout Denver while he was in medical school at the University of Colorado.

After completing his internship and getting his medical license, Dr. Brad began delivering his unique brand of healthcare humor around the country to corporate audiences, convention crowds and conference attendees. Physicians, nurses, bankers, teachers—indeed people from all industries—have benefited from his medical humor.

Dr. Brad earned the CSP* designation in 2011 and is now 15 years into his career as a professional speaker. He has not been published in the "New England Journal of Medicine." (But he has co-authored the book "Humor Me," and he has a great CD ("A House Call in San Francisco") and DVD ("The Healthy Humorist in Orlando: Laughter is the Best Medicine".) He's not a celebrity speaker. He hasn't been on "The Tonight Show." He's not an Amazon best-selling author. (Aren't those claims usually just a scam anyway?) He's simply one of the best funny speakers and clean comedians in the meetings industry today.

Dr. Brad lives in Colorado with his lovely wife and three wonderful kids. He tries to practice the "healthy" part of what he preaches by running and swimming in the Colorado sunshine. He also loves to ski and fly-fish in the Rocky Mountains. He loves to travel, too, though, mainly to indulge in "The Healthy Humorist's Unhealthy Eating Adventure Across America" (THHUEAAA) in which he consumes such unhealthy fare as Italian beef in Chicago, BBQ in Austin and ice cream in Columbus. (Yes, he agrees it's weird that central Ohio has such an abundance of great frozen treats!)

Select Keynotes

- **Laughter is the Best Medicine**

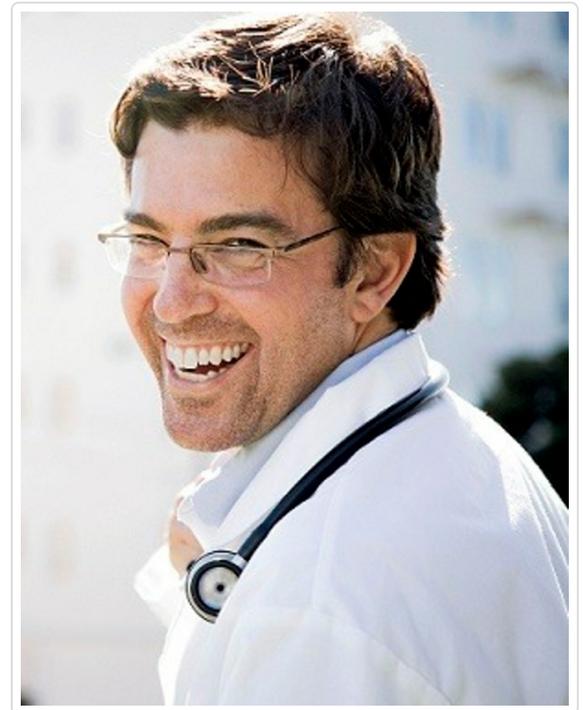
Dr. Brad Nieder's signature keynote—"Laughter is the Best Medicine"—is funny! The healthcare humor will tickle your funny bone and have you laughing. "The Healthy Humorist®" has been known to skewer such topics as healthcare lingo, diet plans, pharmaceutical ads, medical marijuana and scrubs. He's even been known to break into song!

Not just your standard comedy show, though, the program is uplifting, too. You may find yourself committing to lightening up and laughing more. Or to adopting a new healthy habit.

It's also educational ... but not in a boring way. You'll laugh as you learn why laughter really is good medicine ... for combating stress, feeling better and living longer. And Dr. Brad always dispenses some wellness advice, too, in an entertaining manner unlike any other doctor you've encountered.

So that's it in a nutshell: a funny doctor who delivers healthcare comedy, an inspiring message and valuable information. You'll be feeling better in no time!

Select Book Titles



- **2014:** CD--A House Call in San Francisco
- **2009:** DVD--The Healthy Humorist in Orlando: Laughter is the Best Medicine
- **2003:** Humor Me: America's Funniest Humorists on the Power of Laughter

Select Testimonials

"Brad, you were such a HUGE hit! All of us in attendance thank you for your targeted presentation...Thank you too for your multiple, perfectly timed comments on Philips and the FlexCare toothbrush--you brought a warm and humorous tie to our company and key product, and I so appreciate the positive mentions. Your program was excellent!...I hope to recommend and work with you again in the future. Thank you for the deep belly laughs that lead to good health--I thought you and your presentation were PERFECT!!"

– *Gail B. Stoops, Sr. Manager of Professional Relations, Philips*

"Hats off to the Healthy Humorist® and his timely message about incorporating more laughter into our lives! From his opening line he had the audience of 2000 members laughing, and there was no lag time during his entire 60-minute presentation. His delivery and comic timing were impeccable. His material is clever, clean, and insightful. He's a Jerry Seinfeld of the medical profession with his hilarious observations. As one coder said to me later, 'Our jobs are so stressful. It felt good to sit there and laugh!' If it were up to me, Dr. Nieder would be my choice for a keynote every year. We can all stand to lighten up and enjoy ourselves a little more, and that message came through loud and clear in the presentation."

– *Melanie Mestas, Speaker Coordinator, American Academy of Professional Coders*

"It is my pleasure to whole-heartedly recommend Dr. Brad Nieder as a speaker. Dr. Brad provided the closing remarks for our annual Chapter Leaders Conference ... Typically the closing session is a difficult one to attract attendees--like many conferences, we tend to have high levels of attrition at the end of the event. Not so with Dr. Brad--his materials provided in advance were compelling and clever and ... created a buzz of anticipation among our attendees. We had a higher attendance rate for the closing session than we have seen in several years. His session delivered on the promise--Brad took the time to understand our audience and provided a program that was universally appealing while tailored to their interests. The evaluations were outstanding ... As a meeting planner, I also give Brad high marks as a professional. He was responsive, prompt and incredibly easy to work with. It is a rare combination of talent and professionalism that make Brad such a wonderful speaker."

– *Sara Reynolds, Director of Chapter Relations, Financial Planning Association*

"As I was sitting in the audience during your presentation one of my colleagues passed me a note that said, 'one of the best keynotes ever.' As meeting planners, we see a lot of keynote speakers, so that is high praise. Many people stopped me after the session ended to ask how they could hire you to speak to their organizations. It was fun to share some belly laughs, giggles, and even a few groans ... You are definitely on my short list and I will share your information...I hope our paths will cross again."

– *Teresa Eyt, Manager--Education Programs, American Health Care Association (AHCA)*