

# Erica Miller

**International Best-Selling Author; Ph.D. in Clinical Psychology;  
Entrepreneur; Holocaust Survivor**

Please contact a GDA agent for information.

## Topics

- Courage / Heroism
- Elder Care
- History
- Inspiration / Achievement
- Jewish Groups
- Mental Health / Psychology

## About Erica Miller

Dr. Erica Miller was born on November 10, 1933, in Romania. From birth to age seven, Erica and her family lived a 'normal' life in Tshernovitz, which is now part of the Ukraine. In 1940 when Erica was seven, she and her family were among thousands of Jews herded into cattle cars and transported to a Nazi camp.

In 1944, after four years of indescribable oppression and deprivation, Erica, her parents, and her sister were liberated by the Russians. Erica had no formal education while in the concentration camp. Her first time in school was at age 11 (or fifth grade), where she had to learn quickly how to read, write, and do arithmetic. Much to the chagrin of her classmates, she excelled at all three.

By age 15, her family immigrated to Israel, where she pursued her high school diploma at night and worked during the day. She was the only one among her female peers to earn a high school degree.

After high school, many of the girls her age got married in order to avoid military service. But, Erica joined and served in the Israeli Air Force from 1954-1956. She stood proud and was thrilled to give herself over to defending her country. After her time in the military, she landed a prestigious job at the Israeli Government Tourist Information Office in Tel Aviv (1956-1958).

Next, fate and opportunity took her life's journey to Los Angeles, California, where she attended the University of Judaism (now American Jewish University) to pursue a degree in teaching Hebrew. She also met her future husband, Jerry Miller. They built a nest and filled it with two children.

In 1970, Erica went back to school where she graduated with a Ph.D. in clinical psychology. Shortly afterwards, by making good use of her drive and her husband's marketing skills, they opened a chain of mental health clinics throughout Los Angeles and Orange County. In addition, they ran California Diversion Intervention Foundation, a non-profit organization.

Currently, in addition to public speaking, she is CEO of a family real estate business in Austin, Texas. She just authored her third book, "Chronologically Gifted: Aging with Gusto," which reached international bestseller status on Amazon. Dr. Miller's passion for life fuels her endless drive to achieve, which is just one of the three topics on her public speaking agenda that she shares at engagements around the country.

## Select Keynotes

- **Age Is Just a Number: How to Live Long and Well**

Having experienced her share of blessings as well as having witnessed unfathomable suffering, Dr. Miller is a natural spokesperson for positivity, vitality and longevity. With insights revealed from her third book, [Chronologically Gifted—Aging with Gusto](#), an international best seller, Dr. Miller advocates for a life where age doesn't come with limits. Instead, Dr. Miller demonstrates how to grow, evolve and rejoice in the excitement of life at any age.

### Audience Takeaways:

- The importance of attitude
- What living with gusto means
- Finding passion and purpose at any age



- ◊ Experiencing the value of community
- ◊ Ways to overcome actual or self-imposed limits

- **Don't Tell Me I Can't Do It! Living Audaciously in the Here and Now**

A presentation with the same name as [her 2015 book](#), Dr. Erica Miller shares her unique philosophy that inspires people to abandon the limitations expressed by nay-sayers and proactively pursue the lives they desire. By sharing the five core beliefs that have guided her life, Dr. Miller shows audiences how to navigate challenges and seize opportunities as they seek to realize their dreams.

**Audience Takeaways:**

- ◊ How to tap into five life affirming principles
- ◊ How to turn challenges into opportunities
- ◊ How to get rid of the negative messages with which we were raised
- ◊ How to proactively create your life's journey

- **Guts, Grit, and Gusto: Finding Your Strength**

Dr. Miller believes that throughout our lives we are on a journey of continuous process of evolvement. In an interactive, informative and engaging way, she teaches audiences the importance of having a vision and how to turn that vision into reality by reprogramming one's mindset and adopting a take-charge attitude. With her trademark guts, grit, and gusto, she delivers practical advice about tapping into your hidden courage, strength, determination and commitment to live a meaningful life.

**Audience Takeaways:**

- ◊ How to identify your passion
- ◊ How to fulfill your life's purpose
- ◊ How to stay the course—even with little or no support from significant others
- ◊ How to get creative when you're told, "No"
- ◊ How to embrace life's joys and challenges

- **Living Fearlessly: Lessons from the Holocaust**

Dr. Miller provides a bold and gripping account of her four years in a Nazi holding camp. Through her no-holds-barred story of bravery, survival, and relentless accomplishments, audiences learn how wartime atrocities and experiences shaped her personality, helped her develop survival strategies and motivated her to live life fearlessly.

**Audience Takeaways:**

- ◊ How to understand the impact of trauma and overcome it
- ◊ How to live life with courage
- ◊ How to deal with cruelty
- ◊ Personal responsibility for making the world a safer and better place in which to live

**Select Book Titles**

- **2017:** "CHRONOLOGICALLY GIFTED: Aging with Gusto"
- **2015:** "DON'T TELL ME I CAN'T DO IT: Living Audaciously in the Here and Now"
- **2009:** "THE DR. ERICA MILLER STORY: FROM TRAUMA TO TRIUMPH"

**Select Articles**

- [Who Doesn't Want to Age with Gusto? Here's How to Become Chronologically Gifted](#)

But I will tell you that the first principle is to banish the phrase, "I'm too old for that," from both your vocabulary and your thinking.

**Select Testimonials**

"Many people experience challenges in life, but I have never met a more inspiring, fearless woman than Dr. Erica Miller."

— *Mary Ann Halpin Founder and CEO, Fearless Women Global*

"Wow! What a talk at Rotary yesterday. You had the group listening intently and laughing regularly. My late mother, a second-generation Jew, would have said, 'What a broad.' Thanks."

– *Michael Harris Woodland Hills Rotary Club*

"We have witnessed tragedies of immense proportion on a regular basis. However, we have also seen the power of the human spirit at its greatest. Dr. Erica Miller's story is a strong example of how truly powerful the human spirit can be when put to the test. Her fighting spirit shines through in this inspirational memoir."

– *Rebecca and Dr. Peter Grossman Grossman Burn Centers and Foundation*

"Dr. Erica Miller is such an engaging and inspirational speaker. Only she can deliver such an authentic perspective of history, trauma and living beyond the Holocaust from both a clinical and personal perspective. She had us all laughing and crying!"

– *Renee Hanson Malone Director of Development, Austin Child Guidance Center*