

Jessica O'Reilly

Sex and Relationship Expert

Please contact a GDA agent for information.

Topics

- Family / Relationships
- Men's Health & Issues
- Personal Growth
- Sexuality
- Women's Health & Issues

About Jessica O'Reilly

Jessica O'Reilly, PhD, is a sexologist and relationship expert whose work reaches millions of couples and singles across the globe. Her advice is featured weekly in international media outlets including *Cosmopolitan*, *Glamour*, *Shape*, *Men's Fitness*, *Women's Health*, *The Huffington Post*, Showtime, MSN, ABC Spark, CBC, CTV, PlayboyTV, CBS Radio and Global Television. She has worked with thousands of couples who can attest to the efficacy of her programs in improving communication, deepening intimacy and boosting relationship satisfaction.

She has also received multiple "Perfect 10" ratings from YPO chapters across the globe and several chapters have booked follow-up engagements due to the popularity of her programs.

Jessica's doctoral research focused on sexual health education training for classroom teachers with an emphasis on healthy relationships, HIV/AIDS and diversity. Her educational background includes courses in counselling skills, sex and disability, group therapy, equity studies, sexual development, resolving sexual concerns and Cognitive Behavioural Therapy. She continues to work in the field of education as a guest lecturer and distills the latest relationship and marriage research weekly on Global Television's *The Morning Show*.

A sought-after speaker, Jessica travels extensively to engage with audiences large and small. From couples' retreats in the Caribbean to [academic conferences](#) in the Great White North, she puts clients and workshop participants at ease with her gentle humour, thorough subject knowledge and friendly disposition. Her work experience includes contracts with school boards, social services agencies, community health organizations, executive membership organizations and private corporations. A dynamic speaker and brand ambassador, her sessions always attract a full-house at conferences and entertainment events alike.

Jessica has authored three best-selling books *Hot Sex Tips, Tricks and Licks*, *The Little Book of Kink* and *The New Sex Bible* and writes a monthly column in Post City Magazines. Canadian by birth and Chinese, Jamaican and Irish by descent, she prides herself on drawing the best from each of these cultural influences and takes pleasure in engaging with and learning from the diverse cultures encountered in her business travels.

Select Keynotes

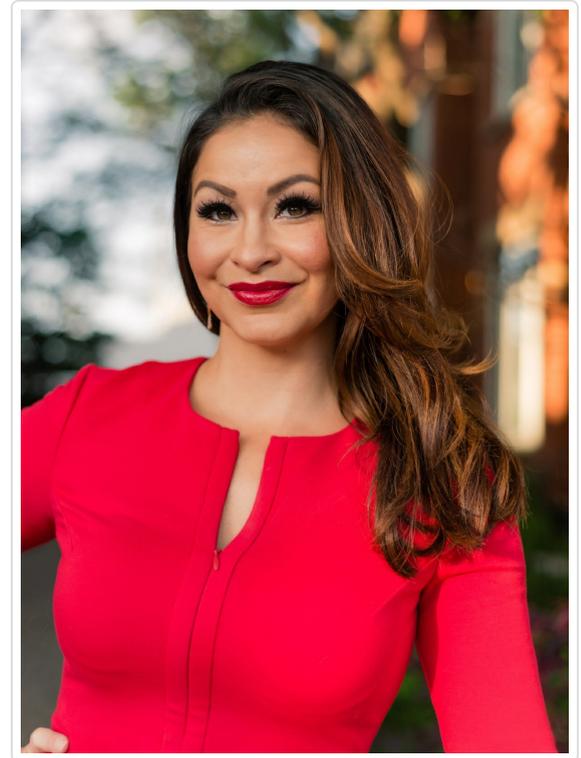
- **Communication Skills**

All programs are highly interactive and are designed to promote happier, hotter relationships.

- ◊ Participants will refine skills to:
Prioritize the intimate relationship within the context of a busy lifestyle.
- ◊ Start meaningful conversations about challenging relationship topics.
- ◊ Foster an intimate and erotic connection over the long-term.
- ◊ Inject passion into the daily routine!
- ◊ Implement creative approaches to sex & relationships.

- **Conflict Resolution**

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- **Diversity and Inclusion**

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- **Forum Retreats: Deeper Dives**

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- **Healthy Body Image and Self-Esteem**

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- **Healthy Relationships**

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- **Healthy Relationships for Teens & Preteens**

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- **Living Happily Ever After**

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- **Monogamish: The new rules of marriage**

<https://www.youtube.com/watch?v=0sYguTPLpHE>

- **Passion - From the Boardroom to the Bedroom**

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- **Power Couples In Love & Life**

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- **Re(Ignite) The Spark!**

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- **Safer Sex**

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- **Sex After Kids**

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- **Sexual Empowerment**

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- **The Power of Collaboration**

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- **The Science of Desire**

<https://www.youtube.com/watch?v=wDv0oSikt2Y>

- **The Science of Love, Passion & Sex**

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- **Why You Should Treat your Relationship Like a Business**

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Select Book Titles

- **2020:** The Ultimate Guide to Seduction and Foreplay
- **2014:** The New Sex Bible: The Complete Guide to Sexual Love
- **2013:** The Little Book of Kink: Sexy Secrets for Thrilling Over-the-Edge Pleasure

- **2013:** Hot Sex Tips, Tricks, and Licks: Sizzling Touch and Tongue Techniques for Amazing Orgasms
- **2013:** The Oral Sex Deck: 50 His & Her Tongue Techniques for Toe-Curling Ecstasy

Select Articles

- [Dr. Jess in the Press](#)

Dr. Jess contributes weekly to various news outlets. Some of which include: Women's Health Magazine, Ask Men, SELF Magazine, Glamour Magazine, Bustle Magazine and The Huffington Post.

- [Post City Magazines](#)

Every month, Jess writes about the latest in love for Post City Magazines. Feel free to view some of her articles in the link.

Select Testimonials

"What a great program! You were truly fabulous...I left the event feeling very respected, loved, and valued as you gave us a platform to share our feelings one on one. I also felt more confident and sexier, which is always a good thing! :)...Your work is very important and I am guessing you have no idea or scope on many relationships you change for the better, how many walls you break down, and hearts you help heal. Keep being YOU!"

— *EO Connecticut*

"The speaker was excellent-- it was a different kind of an evening, informative, interactive and entertaining."

— *EO Nashville*

"This is the best EO event I've been to in a long time. Not because of the subject. Because of the speaker, the energy, and even the food was better."

— *EO South Florida*

"An expert speaker. She was very good at communicating with a difficult subject."

— *EO South Florida*

"It was a fantastic event. Everybody was super happy and I can tell you right now the poll ratings could not be better. They are still coming in, but so far 10/10 overall rating and 10/10 take home value from everybody."

— *YPO Alpine*

"Thank you for the time and expertise you dedicated to our February 25th From the Boardroom to the Bedroom Event. The event was very well received and the feedback we had from our YPO & WPO members was all positive. Your session, we are sure has made a big difference in our members relationships and your book as well as the donation of gifts was greatly appreciated. Your ideas, input, and enthusiasm were most helpful while we were in the planning stages for the lunch and evening events and we feel really fortunate that we had you, a world class resource be the speaker at this memorable event. Again, we thank you for your contributions, time, and efforts and look forward to working with you in the future!"

— *YPO British Columbia*

"Jessica was amazing! She really "got" our group and was happy to engage with everyone there-- even outside of the planned events. Her contribution to our event cannot be understated as each couple is stronger and more excited about their relationships. I would highly recommend Dr.Jess to any group."

— *YPO Kansas*

"We – the YPO Zurich chapter – indeed had a fantastic event with Dr. Jessica O'Reilly. It was a true pleasure working with her, on many regards: · She is really very nice and a great planner. · She's highly professional in regards to preparation work and leading through the event. She really knows everything about love, relationship, intimacy, sex, etc. As for herself, she is married and has been with her husband for 14 years. · The program can be customized and she even changes the planned program between the first and second seminar day, depending on the dynamic/atmosphere of the group. Jess leads through the rather sensitive topics with so much ease. And: she's fun!"

– *YPO Zurich*