

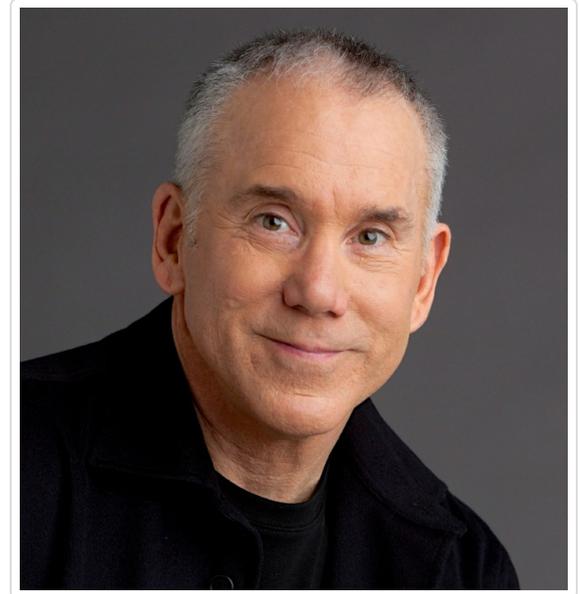
Dan Millman

World Champion Athlete, Coach, Bestselling Author

Please contact a GDA agent for information.

Topics

- Change Management / Organizational Change
- Courage / Heroism
- Emotional Intelligence
- Fitness / Diet / Nutrition
- Innovation / Creativity
- Inspiration / Achievement
- Leadership
- Overcoming Adversity
- Peak Performance
- Sports Coaches
- Sports Related
- Teamwork / Teambuilding
- Work-life Balance



About Dan Millman

Dan Millman is a former world champion athlete, university coach, martial arts instructor, and college professor.

After an intensive, twenty-year spiritual quest, Dan's teaching found its form as the Peaceful Warrior's Way, expressed fully in his books and lectures. His work continues to evolve over time, to meet the needs of a changing world.

Dan's sixteen books, including Way of the Peaceful Warrior, have inspired and informed millions of readers in 29 languages worldwide. The feature film, "Peaceful Warrior," starring Nick Nolte, was adapted from Dan's first book, based upon incidents from his life.

Much of Dan's time is devoted to writing and speaking. His keynotes, seminars, and workshops span the generations to influence men and women from all walks of life, including leaders in the fields of health, psychology, education, business, politics, sports, entertainment, and the arts.

Dan and his wife Joy live in Brooklyn, New York.

Select Keynotes

- **Peaceful Heart, Warrior Spirit**

The demands of daily life, at work and at home, make peaceful warriors of us all. Dan's keynote reveals how to overcome self-doubt, access true courage, turn knowledge into action, awaken the warrior spirit, and transform our work into a path of personal evolution; concluding with a simple method to open our hearts and connect with others.

- **Success: The Bigger Picture**

As we strive for health, love, financial success and career enhancement, it's easy to lose sight of life's bigger picture – what we're doing here on Planet Earth. Dan reveals gateways that each of us will pass through on our way to an inspired life: Self-worth; Will; Energy; Clarity; Security; Instinct; Courage; Power, and more – all leading to true success, fulfillment, and to a natural, easeful way of living.

- **The Four Purposes of Life**

By viewing our lives through the lens of four fundamental purposes involving: • Life's Lessons • Career and Calling • Life Path • The Present Moment – we re-awaken to the value of everyday challenges at work and at home. Dan concludes by revealing the life-changing power of the attention (mindfulness) in present moment.

- **Universal Laws for Business and Life**

The universe works according to laws as real and concrete as the law of gravity. In this keynote, Dan shows how to harness the laws of balance, choices presence, action, and non-resistance to master ourselves and improve every facet of our lives at work and at home.

Select Book Titles

- **2013:** The Creative Compass
- **2011:** The Four Purposes of Life
- **2009:** Way of the Peaceful Warrior: A Book That Changes Lives
- **2007:** Wisdom of the Peaceful Warrior
- **2000:** Living on Purpose
- **1999:** Body Mind Mastery
- **1998:** Everyday Enlightenment
- **1995:** The Laws of Spirit
- **1994:** The Life You Were Born to Live
- **1992:** No Ordinary Moments